

DATES TO REMEMBER

Favourite Colour Day
17th March 2023

Whole School
Assembly
23rd March 2023

Harmony Day
29th March 2023

Easter Raffle
Drawn 4th April

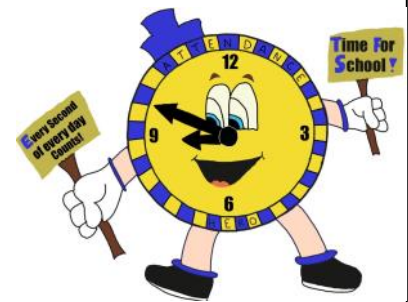
Term 1 2023 ends
Thursday
6th April 2023



Dear Parents and families,

School hours

It is important that students arrive on time each day ready for class by 9am and finish at 3 pm. This maximises instruction time and helps our students with their learning. If your child is late or needs to leave early for an appointment, please sign them out in the office. Teachers, education support staff and therapists need the time after school to engage in collaborative planning, professional learning and to prepare lessons and resources for the following day.



Prep/Foundation morning



This week we had several of our prep parents visit their child's classroom to see their children learning. They then had morning tea and met with Mae our social worker for a chat.



Capital works project

We are in the Design and Development stage of our capital works project which is very exciting. We have been in discussion with the architects to finalise classroom layouts, joinery, and landscaping. There will be eight new classrooms, an independent living centre which will look like a small apartment with a bedroom, lounge area including a kitchen, laundry, and bathroom. Our students will be able to work on independent living skills in a functional and practical way. There will be a staff space and a shared learning area.



122160 SPRINGVALE PARK SPECIAL DEVELOPMENTAL SCHOOL DD

Plan



GP



Student Support Group meetings (SSGs)

Thank you to all our families and carers who attended SSG meetings recently. These meetings are an opportunity to strengthen connections between our staff and families and to discuss individual goals and the learning focus for each student for 2023. We appreciate the time parents took out of their busy week. When we work in partnership we can get the best outcomes for our students.



Respectful relationships

Our school has a whole school approach to Respectful Relationships that respects and values everyone in our school community. This week our staff looked at the resources available and discussed the positive impacts this approach has on staff, students, and our wider school community.



We have several events coming up this term including:

Friday the 17th March
Thursday 23rd March
29th March
Easter raffle

Wear your favourite colour
Whole school assembly
Harmony Day
All donations for our easter raffle would be greatly appreciated

Principal's Award

Arijan receives my Principal's Award this month.
Arijan does his best in class and listens to his teachers. He is a great role model for his peers.
Well done Arijan!



Jackie Lowther
Principal



Happy Birthday

Name

Alexander N.

Nicky K.

Hilda T.

Jarome J.

Isir H.

Iliyas N.

Manny T.

Kathleen K.

Jesse E.

Thiago M.

Afraz G.

Date

17th February

18th February

20th February

24th February

28th February

29th February

1st March

6th March

7th March

7th March

11th March

Room

Rm 07

Rm 32

Rm 17

Rm 24

Rm 20

Rm 14

Rm 11

Rm 30

Rm 09

Rm 14

Rm 22

Happy Birthday

Name

Hadiya D.

Daniel R.

Ataberk G.

Amach L.

Angel L.

Jasmin A.

Damon A.

Abi P.

Nathan K.

Hebe T.

Aarhan S.

Date

15th March

15th March

16th March

16th March

17th March

17th March

19th March

19th March

19th March

21st March

22nd March

Room

Rm 08

Rm 16

Rm 24

Rm 32

Rm 03

Rm 23

Rm 19

Rm 29

Rm 30

Rm 01

Rm 06

Happy Birthday

Name

Lina T.

Anson P.

Cooper C.

Darryl A.

Janet C.

Macey W.

Joshua S.

Queene N.

Bella Q

Omer M.

Cooper A.

Daniel A.

Date

22nd March

24th March

24th March

25th March

26th March

27th March

27th March

29th March

31st March

2nd April

4th April

4th April

Room

Rm 33

Rm 19

Rm 34

Rm 07

Rm 33

Rm 32

Rm 34

Rm 13

Rm 26

Rm 23

Rm 02

Rm 18



Art in room 1

This term we have enjoyed being creative and working on many different art projects. We love to get messy with the paint down in EEPS!





ECP2 children have settled into the routine of the Early Education Program. We have been having a lot of fun exploring the playgrounds, the sensory garden, participating in music sessions, developmental play and experiencing different ways to communicate.





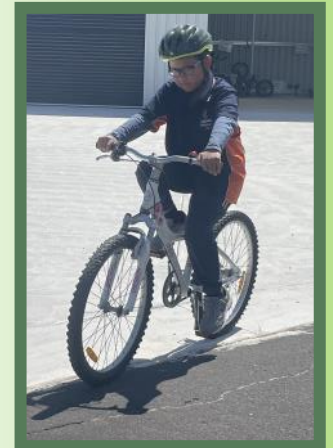
EEP2



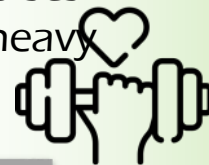
Keeping Active with Room 20



We have been focusing a lot on staying active and healthy this term.



We have spent time bike riding, using the gym equipment, swimming, participating in yoga sessions and working in the heavy work room.



MIDDLE 28!

We have leapt into this year full of smiles and energy. We have been busy working on our Literacy, Swimming, Numeracy, Move & Groove and Science!



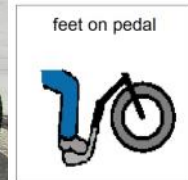
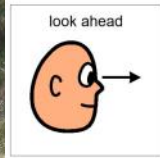


Physical Education



BIKE RIDING

Students have enjoyed the bike riding program and working on improving bike riding safety, balance, coordination and gross motor skills.





Middles Blackwood



Middles Blackwood



Respectful Relationships

When to Begin Consent and Body Safety Conversations

by Jayneen Sanders

Below is an approximate guide on when to begin conversations with your child around Consent and Body Safety.

All children are different, and you know your child best. Be guided by their ability to focus and the questions they ask. These conversations are ongoing and can happen over years. Use their questions, family discussions, children's books, and situations that may occur to have open and ongoing conversations. Everyday situations that may arise, can be teaching and learning opportunities.



Birth – 2 yrs (non-verbal)

- Use the correct terms for your child's private parts from Day 1.
- Tell your child what you are doing to their body and why e.g. 'I'm just putting your socks on so your feet will be warm.'
- Validate their feelings, e.g. 'I can see you are sad, but I need to go shopping. I'll be back very soon. Gran will take good care of you.'
- Note your child's body language, e.g. if you are playing a tickling game and you can see from their body language they don't like it, stop immediately.
- Ensure health professionals talk to your child about what they are doing to their body and always ask for consent before entering your child's body boundary.



2 yrs – 3 yrs (verbal)

- Introduce the term 'body boundary' — the invisible space around our bodies. Explain that everyone needs to ask for consent before entering another person's body boundary.
- Let your child know they can say 'No' to kisses and hugs if they want to. How they greet another person is always their choice.
- Let your child know they can say, 'No' to tickling games and inform adults (or older children) when your child says 'Stop!' they need to stop immediately.
- Ensure health professionals ask for your child's consent.
- Let your child have choice and agency wherever possible, and if it is safe to do so.

3 yrs – 6 yrs +

- Continue to reinforce the concepts of body boundaries and consent.
- Formally (and over a number of sessions) teach your child about: feeling safe and feeling unsafe; Early Warning Signs; a Safety Network; the difference between secrets and surprises; the difference between safe and unsafe touch; private parts are private and what to do if they are touched inappropriately, see inappropriate images or someone asks them to touch their private parts.



Note: Most sexual abuse begins in pre-adolescence; between the ages of 6 and 12 years.

(Abd El Rahman et al., 2017; Aydin et al., 2019; Ferragut et al., 2021; McKillop et al., 2015)

It is never too early to begin these conversations.

Respectful Relationships



Springvale Park Special Developmental School

13 -15 Sandown Road
Springvale 3171

P.O. Box 365 Noble Park 3174

Ph: 9546 7666
Fax: 9558 4459
springvale.park.sds@edumail.vic.gov.au

Principal: Jackie Lowther

Dear Parents/Carers,

At Springvale Park SDS we have implemented the Respectful Relationships whole-school approach. It is a Department of Education initiative that recognises that we have great potential to promote and model respect, safety and equality.

As a part of the initiative, students will be participating in a program developed by Sexual Health Victoria, with classes covering topics such as Emotions, Public and Private, Body Awareness and Protective Behaviours.

If you have any queries please contact Jackie Lowther.

Leigh Richards

Learning Specialist

Jackie Lowther

Principal

HARMONY DAY

**Wear something orange or your national
clothing**

29TH MARCH 2023





Down Syndrome Victoria

Supporting Victorian families since 1978

Family Fun Day is right around the corner and you've got until midday tomorrow, Tuesday 14 March, to take advantage of our early bird tickets!

We hope you'll be joining our World Down Syndrome Day celebrations and a day out with activities and entertainment for the whole family at **Werribee Open Range Zoo!**

Also coming along to this year's event is Sam Moorfoot, who you may have seen on field celebrating the 2022 AFL Premiership with the Geelong Football Club.

You'll get to hear about many of Sam's incredible experiences in an interview on the Family Fun Day stage this Sunday.



BOOK YOUR TICKETS HERE

<https://www.downsyndrome.org.au/vic/ffd-2023/>

Already booked your tickets? Keep an eye on your inbox later this week for everything you need to know about your Family Fun Day tickets, getting to Werribee Zoo and enjoying the day!

After midday tomorrow, tickets will be available for purchase on the day at the main zoo gate.

Please note that while most of our community will be able to join us for free, there will be an entry cost for some participants. If you are an immediate family member of a person with Down syndrome and would love to come to our event but this is not possible due to financial reasons, please give us a call.

Jump over to [our website](#) for more details about the day, or contact us at info@dsav.asn.au or 9486 9600 with any questions.

We can't wait to celebrate World Down Syndrome Day with you on Sunday 19 March.

From the team at DSV.

Down Syndrome Victoria acknowledges the Traditional Owners of Country throughout Australia. We pay our respects to their elders past and present.

An important note about planning your journey

Please note, on the day of the event, people travelling across some parts of Melbourne, particularly those heading in from the south and east, will need to account for additional travel time. After our event was confirmed the annual Run for the Kids race was scheduled for the same day, which unfortunately includes a number of road closures in and around Melbourne.

To determine whether this may impact your journey, visit the [Run for the Kids website](#).

RESPITE HOME

Tailored programs for each individual



Contact Us:
📞 0412217126
✉ trespitem@gmail.com
📍 Springvale South

Our Mission:

- To engage clients in activities to reinforce and further develop their independence.
- To build a foundation of trust that can provide you with a peace of mind.
- To find the right balance of care for you and your loved one.

We make our clients' interest our top priority

Our Facility/Property Features:



Our Story:

Growing up with an autistic younger brother, I understand the daily challenges faced by families and careers.

T&L Respite utilises a tailored approach for each client. This enables them to feel safe and settled in a comfortable environment.



St Mary's
Health Services

AUTUMN SCHOOL HOLIDAY PROGRAM 2023



REGISTERED
NDIS
PROVIDER

Come join us for a fun and awesome program!

33 HINKLER RD MORDIALLOC 3195

MON – FRI : 9AM – 4PM

We are available from 8:30am for early drop offs (booking required in advance)



St Mary's
Health Services

**MONDAY 10TH APRIL
PUBLIC HOLIDAY**



**TUESDAY 11TH APRIL
SPLASH @ CASEY RACE**

Cool off and take the plunge at Casey RACE! With a great pool and water slide attractions including a raft ride, the Space Bowl, and a super fast water slide that shoots you down before spinning you around the bowl and landing you into the pool. They are great fun!



St Mary's
Health Services



WEDNESDAY 12TH APRIL **WERRIBEE ZOO + SAFARI**

Experience an African adventure!
Get on board a guided safari across the unique open range savannah and spot rhinos, giraffes and zebras.
On the walking trails come face-to-face with a pride of lions, visit one of the world's largest gorilla exhibits and see cheeky monkeys at play.



THURSDAY 13TH APRIL **SLIDES PLAY CENTRE**

Come and join us at Slides Playcentre! Home to Australia's highest indoor 3 lane slide that towers 8m high. Try the inflatable jumping castles, flying fox, ball activity area and much more.



St Mary's
Health Services

FRIDY 14TH APRIL

LUNA PARK

Luna Park is Melbourne's most iconic amusement park & tourist destination.

Ride adrenaline-pumping, heart-stopping rollercoasters and try your luck with carnival games. There's a galaxy of amusements for all ages to explore.



MONDAY 17TH APRIL

PENINSULA HOTSPRINGS

(12 MAX.) MIN 16+ YRS

Sit back and bathe at the hot springs..

With natural geothermal mineral springs and day spa facility, explore over 70 globally inspired bathing and wellness experiences, nestled harmoniously in the natural landscape.



St Mary's
Health Services

TUESDAY 18TH APRIL DOLPHIN & SEAL CRUISE

Join in on the fun and excitement of visiting Port Phillip Bay to experience its seals and dolphins in their natural environment! Just off the coast of Sorrento, you will have the chance to see these amazing creatures at their playful best.



WEDNESDAY 19TH APRIL ARCHIE BROTHERS

Archie Brothers is your one-stop entertainment destination for all things fun!

With six bowling lanes, 67 arcade and ticket games, our XD Theatre and dodgems, they've got hours of entertainment available.



St Mary's
Health Services

THURSDAY 20TH APRIL **SENSORY MOVIE +** **KARAOKE**

Make this school holidays a success as you watch one of the latest movies, Super Mario Bros in total comfort. This private and sensory friendly session will ensure you have a fun and memorable time.

Then sing your heart out at karaoke at Strike. Belt out some classics or sing the latest pop songs, the options are endless!



FRIDAY 21ST APRIL **GUMBUYA WORLD**

A day full of fun and adventure awaits you at Gumbuya World! Victoria's ONLY Water, Wildlife & Theme Park, now home to the states most impressive family wave pool!

Spin out till you sing out on unlimited rides and have 'wow' moments with over 50 species of wildlife on our wildlife trail





St Mary's
Health Services



REGISTERED
NDIS
PROVIDER

DAILY COST

Activity	Complex 1:1	Standard 1:1	Standard 1:2
Splash @ Casey Race	\$654.33	\$610.89	\$371.36
Werribee Zoo + Safari	\$671.05	\$627.62	\$388.09
Slides Playcentre	\$659.53	\$616.09	\$376.56
Luna Park	\$677.53	\$634.09	\$394.56



St Mary's
Health Services



REGISTERED
NDIS
PROVIDER

DAILY COST

Activity	Complex 1:1	Standard 1:1	Standard 1:2
Peninsula Hotsprings	\$760.25	\$716.81	\$477.28
Dolphin & Seal Cruise	\$748.17	\$704.73	\$465.20
Archie Brothers	\$669.03	\$625.59	\$386.06
Sensory Movie + Karaoke	\$669.03	\$625.59	\$386.06
Gumbuya World	\$743.34	\$699.90	\$460.37



IMPORTANT INFORMATION

Duration: Tuesday 11th April 2023 - Friday 21st April 2023

Age requirements: 6 - 22 years old

Location: 33 Hinkler Rd, Mordialloc 3195

Hours: 9am - 4pm

Places available: 20 - 25 children per day (except 17/4, 12 children max.)

Ratio: Complex Support 1 : 1, Standard Support 1 : 1, Standard Support 1 : 2

What to bring: Please ensure your child has a packed lunch and drink bottle. As well as a hat, sunscreen and a spare change of clothes. Please ensure appropriate footwear is worn. If you would like your child to purchase food on any day, please provide money.





Excursions: Children must arrive at the program at 9am to ensure we leave on time and everyone can fully enjoy the activities planned for the day. Participants must bring their own lunch, morning and afternoon tea and a drink bottle.

Anaphylaxis Management: Please note that if your child is anaphylactic, an Anaphylaxis Action Plan must be provided in advance. This is to ensure the safest possible environment for your child, and that relevant information is always readily available to staff. Your child cannot be granted admission to the program if you do not consent to this.

Behavior Management: St Mary's Health Services has the right to remove or refuse further participation of any child whose behavior is deemed to be inappropriate. Bullying, use of bad language, and harassment of other children or staff will not be tolerated under any circumstances. If you need to discuss this further, please speak with the Director, Kim Le.





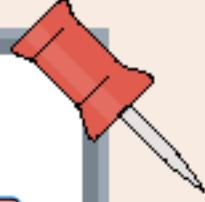
If you or your child has a concern: Please inform your child of their right to raise any concerns with St Mary's support staff. If your child raises a concern with you, please speak to the Program Coordinator on 9773 8234, or if the matter is of a serious nature, please speak to the Director.

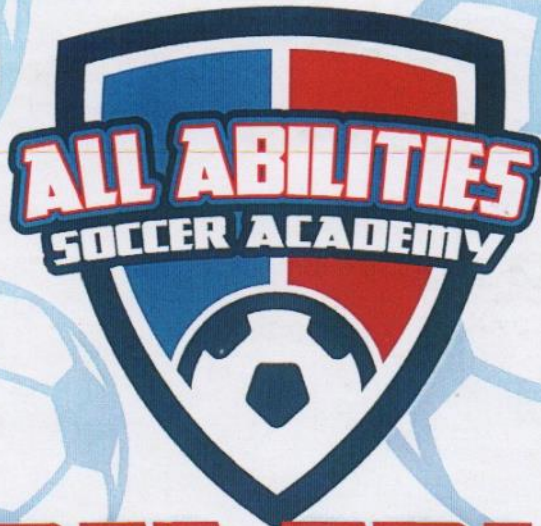
Nut free policy: Please be mindful that there may be children attending the program with allergies and/or anaphylaxis. Please do not pack any kind of nut products.

Cancellation notice: Activities are subject to changes or cancellations if we do not have enough expression of interest or weather permitted.

Late cancellation: If you cancel any booking with less than 2 working days notice, a total of 90% of the full amount will be charged.

Registration or enquiry: Please call our office on (03) 9773 8234 or email us at helen@stmaryshealthservices.com.au or rosa@stmaryshealthservices.com.au





FREE TRIAL

SOCCER IS FOR EVERYONE!



WE ARE A SPECIALIST SOCCER ACADEMY FOR PLAYERS LIVING WITH A DISABILITY

- **TRAINING EVERY SATURDAY**
 - 6-14 YEARS OLD - 11AM - 12PM
 - 14+ YEARS OLD - 11AM - 1PM
- **5-A-SIDE COMPETITIONS**
- **LEARN NEW SKILLS**
- **MEET FRIENDS FOR LIFE**
- **PARENT & GUARDIAN GROUP**
- **SAFE & SECURE ENVIRONMENT**
- **STATE OF THE ART SOCCER VENUE**
- **UNIFORM INCLUDED**

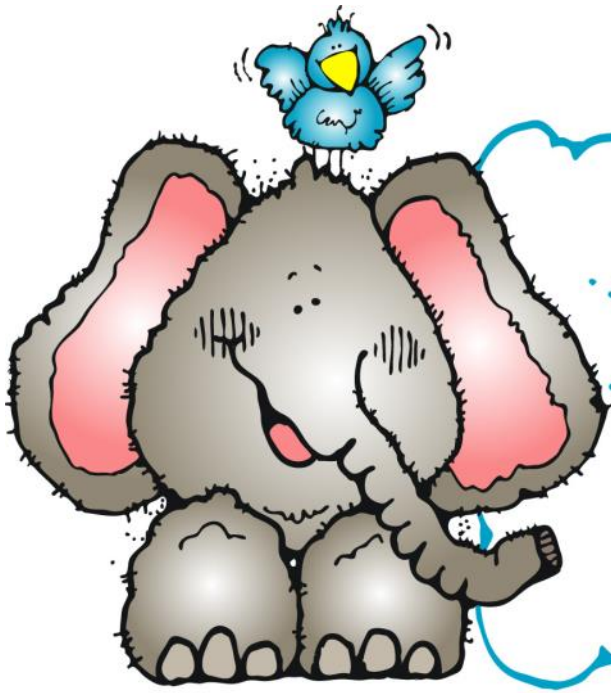
BOOK A FREE "COME & TRY SESSION"
VISIT OUR WEBSITE TO FIND OUT MORE
OR CONTACT US DIRECTLY



SCAN TO VISIT OUR WEBSITE & ENQUIRE

CONTACT INFORMATION

DIRECTOR OF SOCCER CARLOS | CALL 0414 393 700 | EMAIL soccercoach2@hotmail.com
OUR SOCCER VENUE SOCCER5s 29 BRINDLEY STREET DANDENONG SOUTH 3175



Don't Forget!

It is important to keep your contact details up to date. Any changes to your contact details, or your emergency contacts, can be updated at the office or by sending a note



School Term Dates 2023

Term 1: 27th January—6th April

Term 2: 24th April—23rd June

Term 3: 10th July—15th September

Term 4: 2nd October—20th December

**Please
Keep Gate
Closed**

*This is a
Child Safe Area*



*For the safety of all our students, please
close the front gate after yourself.*

*If you prefer, there is a pedestrian gate
immediately in front of the
School Office.*