

News from the Principal

DATES TO REMEMBER

Parent Catch-Up
26th July 2023

Parent Catch-Up
16th August 2023

Photo Day
18th October 2023

School Concert
Wednesday
15th November 2023



Dear Parents and families,



Welcome back to term three. The mornings have been cold, but the days have been quite nice with the sunshine. It is always great to see the students return after the holidays ready to engage in their learning.

Elissa Wallis

As you are aware one of our staff members Elissa Wallis passed away in the holidays. Elissa was a member of our school community for 20 years. During that time Elissa worked tirelessly with all the students whom she adored. She will be sadly missed by all of us. I want to thank you all for your support in allowing so many of our staff to attend her funeral on the second day back from the holidays. Your willingness to keep so many of our students at home enabled most of our staff to attend. Your generosity is much appreciated by us all.



NAIDOC Week

We celebrated Naidoc week before the school holidays. This was a great opportunity for our students to learn about First Nations cultures and histories. We had the privilege of one of our local elders who welcomed us to country and performed a smoking ceremony. Students also engaged in indigenous art activities.



Every Day Counts



Promoting good attendance supports our students in their learning. It is important that students attend school every day unless they have a medical appointment. Please try to avoid scheduling appointments during school hours. Learning can also be affected when students miss part of the day with late drop off or early pickup. The students really enjoy being on the bus with their friends. If your child is not currently accessing the free bus transport service during school hours and you are interested, please contact the office.

Student Support Group Meetings (SSGs)

Student Support meetings will be held from the 24th to the 26th of July. These meetings can be face to face by telephone or online. These meetings are an opportunity to strengthen connections between our staff and families and to discuss individual goals and the learning progress for each student for 2023. We appreciate the time parents take out of their busy week. When we work in partnership, we get the best outcomes for our students.



Capital Works Project



Our capital works project is progressing well, and the architects presented the final architectural, structural, services and landscaping options that will form part of the tender options moving forward. We also have the final finishes with carpet, lino, paint colours and external cladding. (Plan over page)

Principal's Award

The Principal's Award goes to Manny.

Manny is a new addition to Room 22 and he has settled in very well. He is enjoying spending time with his new friends in the playground.

Great work Manny.



Jackie Lowther

Principal

Happy Birthday

Name

Cole S
Zunaira U
Alex Ngo
Tolonia M
Jayden D
Kristian R
Phu T

Date

20th July
20th July
22nd July
24th July
28th July
4th August
5th August

Room

Rm 04
Rm 12
Rm 28
Rm 23
Rm 20
Rm 19
Rm 15



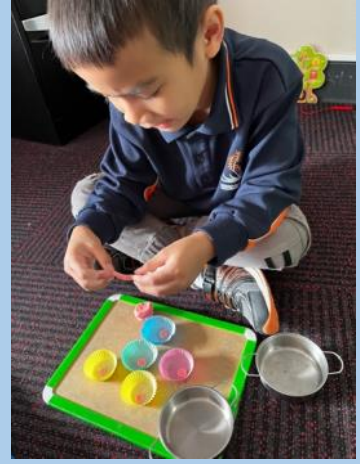
Happy Birthday

Name	Date	Room
Sulayman H	7th August	Rm 03
Shabeh A	7th August	Rm 07
Rohiineessh A	10th August	Rm 10
Ethan Y	10th August	Rm 11
Hamza H	11th August	Rm 09
Thony M	13th August	Rm 04
Daniel D	13th August	Rm 31
Aiden C	15th August	Rm 04



Room 8 having fun with 'Pizza' the budgie during Science





Room 18

We had so much fun playing outside, doing math, trying out cool science experiments, and getting into some fun role-playing on the community day! It's been an exciting and enjoyable time for all of us!



Room 18 had the best start to the term! In our music lesson every week, we have a fun time playing with tubes and drums. We discover the magic of music, and it brings us lots of joy and fun!



Howdy from room 22! The boys are having a great year and have enjoyed many great activities and events. The class really enjoyed the reptile show and the community day. We are all looking forward to having lots of fun in terms 3 and 4.



SRC News

The SRC consists of Patrick, Quang, Salman, Christian, Amach, Mia, Jarome and Kathleen. This year already the SRC has been busy with a sausage sizzle in Term 1, a cheese toasty day in Term 2, as well as participating in Springvale Park's first Healthy Eating Week (including a fruit disco). The group has also started to collaborate with other classes, helping younger students with activities such as P.E.



SRC News



In 2023 the SRC hopes to help with a 'Keep Springvale Park Clean' initiative as well as engage students and staff in fun and educational activities.

Look out for us.



Parent Catch up



9.30am—10.30am

26th July 2023

16th August 2023

Come along
and join other parents
for a coffee and chat





Frequently asked questions about e-Safety and Internet use

Thank you to all the parents who attended our e-Safety presentation on Wed 9/6.

Parents provided us with positive feedback, along with a number of questions regarding e-Safety. We will be running a series of frequently asked questions in our newsletters over Term 3 to address parents' queries. If you have any additional questions regarding e-Safety that you would like answered, please contact Vera on the school number.

How long on the device/internet is too long?

How much is too much?

There is no magic figure. The right amount of screen time can depend on a range of factors like your child's age and maturity, the content they consume, their learning needs and your family routine.

It can be easy to focus only on the clock, but the quality and nature of what they are doing online, and your involvement, are just as important.

Signs to watch for:

- ◆ less interest in social activities like meeting friends or playing sports
- ◆ not doing so well at school
- ◆ tiredness, sleep disturbance, headaches, eye strain
- ◆ changes in eating patterns
- ◆ reduced personal hygiene
- ◆ obsession with particular websites or games
- ◆ extreme anger when being asked to take a break from online activity
- ◆ appearing anxious or irritable when away from the computer
- ◆ becoming withdrawn from friends and family.

Any of these signs means something needs to be done.

The word 'eSafety' is written in a stylized, bubbly font. The letters are blue with a yellow outline and a drop shadow effect.



Strategies for managing screen time and digital technology use include:

1. RULES

You can write a set of rules (you can use visuals) and then display them in the home, in a place where everyone will see them, like on the fridge.

- No screens after 6pm
- Screen time is not private
- No screens at dinner table
- Turn screen off when told
- No screens in bedroom



Our devices are put away in the <u>kitchen cupboard</u>				
<u>Cam</u>	<u>Lucas</u>	<u>Yasmin</u>	<u>Mum</u>	<u>Dad</u>
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Time <u>6pm</u>	Time <u>6pm</u>	Time <u>8pm</u>	Time <u>10pm</u>	Time <u>10pm</u>

2. ROUTINES

Routines help children know what to do, when and how often. This means routines can help you **build screen time and digital technology use into your family's life** in a way that suits you and your family.

3. TRANSITIONS AND CHOICES

Set your child's expectations about a screen time session before the session starts. You could say, 'You can watch one program', or 'You can play on the iPad until it's bath time'.

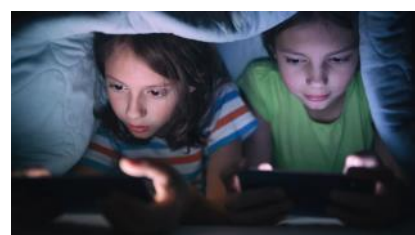
Choose your timing - If you can, get your child to stop using digital technology at a natural break. For example, try to plan bath time for when your child has finished a level in a game or when a TV show ends.

Give your child a warning when it's almost time to stop. For example, 'Sam, it's time to switch the TV off at the end of the program', or 'Sam, you have 10 more minutes on the iPad'.

Give your child time to save what they're doing. You could offer to help – for example, you might say, 'It's time to stop using the computer now. Do you want me to help you save what you're doing?'

Help your child achieve a healthy balance in their online and offline activities.

Reducing your own on-screen time sets a positive example.





NATIONAL ABORIGINAL & TORRES STRAIT ISLANDER CHILDREN'S DAY EVENT

DATE

FRIDAY 4TH AUGUST

TIME

4 PM - 6.30 PM

'LITTLE VOICES, LOUD FUTURES'

FACE PAINTING

FOOD

CASEY 360 BUS

ENTERTAINMENT

**BLACKSNAKE
PRODUCTIONS**

**CULTURAL
GAMES**

**MELBOURNE FOOTBALL
CLUB**

LOCATION: MYUNA FARM
182 Kidds road, Doveton 3177

REGISTER
WITH
QR BELOW!



Proudly supported by
City of Greater Dandenong



VACCA
Connected by culture.

VICTORIAN ABORIGINAL CHILD CARE AGENCY



FRIDAYS

4.30 - 7.30 PM

July 14

-

Sept 15

2023

**DANDENONG
OASIS**

APPLY ↓



Welcome to the Game a free inclusive swim **PROGRAM**

**FOCUSING ON WATER SAFETY, CONFIDENCE
AND ENJOYMENT**

CONTACT:

JESSICA@WELCOMING.ORG.AU
0411097762

welcomingaustralia.typeform.com/WTTGSwimOasis

**Eligibility
Requirements:**

- ✓ Age 5 - 25
- ✓ Born overseas or have a parent born overseas
- ✓ Identify with having a disability/autism/ additional support needs

*formal diagnosis not required

Free Event

SPRINGVALE

SNOW FEST

Come along to win a trip to Mt Buller

SUNDAY 30 JULY 12PM - 7PM

Buckingham Avenue, Springvale

Free snow play area with real snow from Mt Buller

Food stalls | Live music | Artificial Ice Skating rink
Snow Princesses | Lion dancers | Rides
Free kids activities | Fireworks 6.50pm



MAJOR SPONSOR:



EVENT SPONSORS:



To book for Ice skating and to be in the chance to win free tickets scan the QR Code





Association for
Children with a
Disability

Free online workshop

Getting Support at School

Does your child need more support at school?

Do you want to feel more confident to ask for the help they need?

Then don't miss this FREE online workshop by ACD.

Take a detailed look into how school processes work and learn how plans can help your child.

When:

- Monday 14 August 7:00 pm
- Tuesday 15 August 10:00 am
- Wednesday 16 August 10:00 am
- Thursday 17 August 10:00 am

More information:

- This workshop is for families of school-age children with disability
- Workshop is two hours
- Bookings are essential
- For families in Victoria only
- Professional workshop facilitators are parents of children with disability

Topics include:

- Individual Education Plans
- Behaviour Support Plans
- Reasonable adjustments
- Understanding school processes and plans

Read more and register now



bit.ly/GSSaug23

Contact us

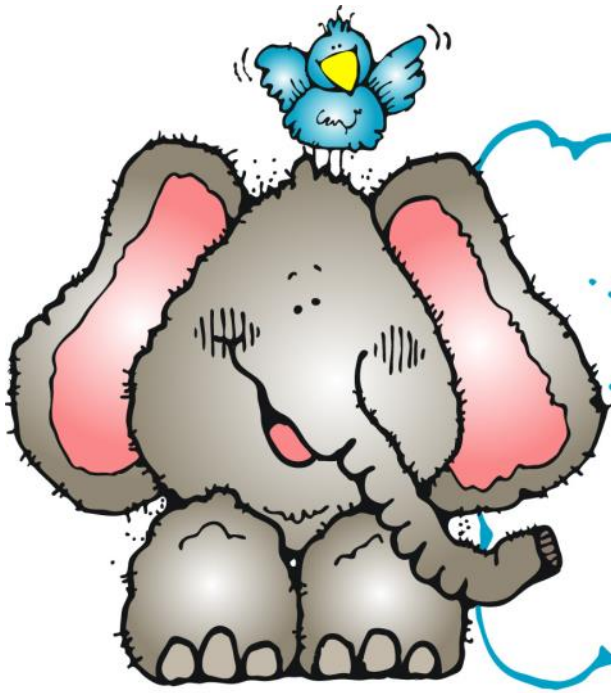


educate@acd.org.au



03 9880 7000 or
1800 654 013 (regional callers)

www.acd.org.au



Don't Forget!

It is important to keep your contact details up to date. Any changes to your contact details, or your emergency contacts, can be updated at the office or by sending a note



School Term Dates 2023

Term 1: 27th January—6th April

Term 2: 24th April—23rd June

Term 3: 10th July—15th September

Term 4: 2nd October—20th December

**Please
Keep Gate
Closed**

*This is a
Child Safe Area*



*For the safety of all our students, please
close the front gate after yourself.
If you prefer, there is a pedestrian gate
immediately in front of the
School Office.*