



DATES TO REMEMBER

Father's Day Breakfast 1st September 2023 8.15am

Term 3 Ends 15th September 2023 Parent Collection: 1.30pm Buses: 1 hour earlier

Photo Day 18th October 2023

School Concert Wednesday 15th November 2023





Dear Parents and families,

We have had a busy start to the term. This week we are celebrating book week. The theme this year is Read, Grow, Inspire. On Monday the students and staff dressed up in their favourite book character costumes. We had a parade on the basketball courts and the students enjoyed looking at all the different costumes.











Landscape Project

Our new sensory landscaping project began this Monday and preparatory works are well under way. We will be creating a beautiful sensory space including a board walk, a dry creek bed, rock retaining wall, log steppers and vast planting. The project will be finished by the end of October. Some of the students are really intrigued with all the machinery. Students will also be involved in some of the planting.





Gates and Security

Can all parents please make sure that they shut the gates when entering or exiting the school each day. Please use the main entrance via the office. All students who are collected before the end of the school day must be signed out on the iPad in the front office.





Illness

Please remember to keep your children home if they are unwell. This will give them time to recover and prevent the spread of infection. Please remember to let the bus company know that they will be absent from school. You need to call the bus company once your child is well enough to go back on the bus. The Crown contact number is 98451400.

Parent/Carer Opinion Survey

Just a friendly reminder about the annual parent/ carer opinion survey. This survey gives our families the opportunity to provide feedback about our school and to help shape our school's future. The survey is open now and closes on the 8th of September. The survey does not take too long to complete and has been translated into several languages. Please use the link to access the survey <u>https://www.orima.com.au/parent</u>



Father's Day Breakfast

Please join us to celebrate Father's Day with a breakfast at school on Friday 1st of September from 8:15 am. A flyer has been sent out so please RSVP on the form if you are coming.



UV Levels on the Rise

While it is still chilly at this time of year, UV levels are on the rise and sun protection is recommended for all skin types whenever UV is three or higher. You can check to see when sun protection is required. If you can't do this, sun protection is recommended from mid-August until the end of April in Victoria.

SunSmart App - Cancer Council



Principal's Award



Jackie Lowther Principal

/	Name	Date	Room
/	Chloe L	17th August	Rm 33
	Samuel T	18th August	Rm 03
	William L	22nd August	Rm 25
	Angela T	23rd August	Rm 25
	Mohamad D	28th August	Rm 18
	Richie C	28th August	Rm 19
2	Kevin Kan	29th August	Rm 15
	George G	31st August	Rm 04
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Birthday

Name	Date	Room
Trung L	5th September	Rm 05
Edric D	6th September	Rm 06
Hailey I	7th September	Rm 10
Muhil A	8th September	Rm 16
Joseph S	10th September	Rm 01
Ana M	10th September	Rm 07
Hasan H	10th September	Rm 28
Mia M	11th September	Rm 33
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Birthday

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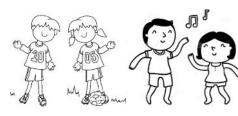
WE CELEBRATED 100 DAYS OF SCHOOL IN OUR PREP CLASSES AND WE WOULD LIKE TO ACKNOWLEDGE THE COLLECTIVE EFFORTS OF OUR PARENTS AND OUR TEACHING STAFF FOR THE PROGRESS WE SEE IN OUR STUDENTS.

100 days of Waking Up Early to Prepare Lunchboxes,, 100 days of Play, learn-



ING AND FUN.. 100 DAYS OF TEAM-Work!!!!











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PGRST





We have had so much fun in Room 14 this year. Some of our favourite things to do are go on community access, music and swimming!









Room 15 has been having so much fun in Term 3. We have been learning so many new skills from riding bikes, community access, using a communication device, music with Pete and making science experiments!







Room 17 Juniors has been filled with a variety of fun, learning and laughter!! We have enjoyed many exciting activities from music and dancing to making a volcano to Art Therapy classes and swimming lessons!!



Room 29

Room 29 has had so much fun this year.

Our students have enjoyed so many different activities including our Community Day, the Colour Run, Interschool Basketball, Community Access, Excursions, and lots and lots of fun learning!

Thank you, Abi, Amy, Collin, Keegan, Mihajla, Razia, Suzet and Trung!

Esther and Alison











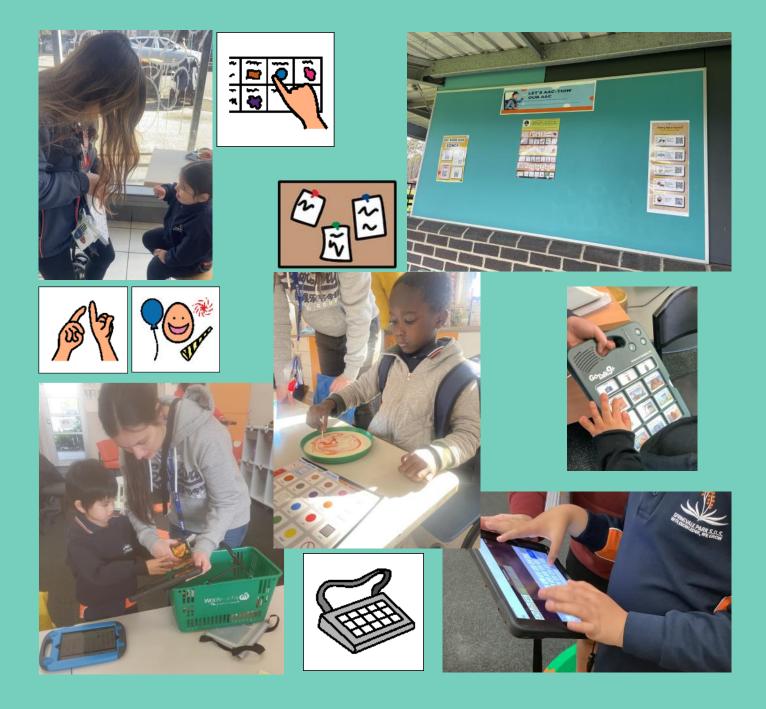


Speech Therapy



During Speech Therapy we love to communicate using a range of communication systems such as Key Word Sign, Pragmatic Organisation Dynamic Display (PODD) and Proloquo2Go!

We also have the AAC-TION board up in the school, with Key Word Signs songs, and PODD navigation reviews for some of our high frequency words at school. Please check the board for exciting updates from time to time.



CHICKEN AND VEGETABLE SAUSAGE ROLLS

These are sausage rolls that are made with veggies from our garden!

Spinach or silverbeet can be used in this recipe.

Chicken, beef or pork mince can be used.

For a vegetarian option, you can use mashed cooked chickpeas.

Ingredients:

- 1 cup of chicken mince (or substitute)
- 2 tablespoons of olive oil
- 1 brown onion diced
- 1 clove of garlic, crushed
- 1 cup finely chopped spinach
- 1 cup finely grated carrot
- 1/4 cup breadcrumbs

1 egg, beaten

Herbs such as oregano, sage

Salt and pepper

2 sheets of frozen puff pastry

Materials:

Frying pan, baking tray, chopping board, knife **Method:**

- 1. Preheat oven to 200 C.
- 2. Place diced onion and garlic and oil in a frying pan and cook for 5 minutes.
- 3. Add the spinach or silverbeet to the frying pan and cook for 1 minutes.
- 4. Add the grated carrot and and stir through. Remove from heat and place into mixing bowl.
- 5. Add chicken, herbs, salt, pepper and breadcrumbs and half of the egg to the mixing bowl.
- 6. Mix until combined.
- 7. Cut each pastry strip in half to create 6 strips.
- 8. Place 1/6 of the mixture along the length of each strip.
- 9. Brush one long edge with beaten egg.
- 10. Starting with unbrushed side, roll up and seal. Repeat for all rolls.
- 11. Place rolls, seam side down onto a baking tray lined with baking paper.
- 12. Brush with beaten egg. Sprinkle with sesame seeds (optional)
- 13. Bake for 25 minutes in the oven.

Did you like this recipe?









Friday 1st September 2023 From 8.15am

Breakfast will be supplied by the School. There is no cost to families



Number of Attendees: Special Dietary Requirements:

We look forward to seeing you at Breakfast

REMINDER PARENT OPINION SURVEY CLOSES 8TH SEPTEMBER 2023



Please have your say.

Your opinion is important to us and will help direct future school planning and strategies directly impacting your child's education.

The survey will take approximately 20minutes to complete and can be accessed in a range of languages other than English.



When complete, please click on the tick button at the end of the survey to submit your answers.

Relax, Jt's School Holidays

Term 3 Holidays Commence 15th September 2023



Parent Collection: 1.30pm

Staff will not be available after this time to supervise children

Bus Collection: 1 Ar earlier

At your usual bus stop





See what you discover

Connect is all about bringing like-minded people together, belonging to a community, and exploring ways to improve your health and wellbeing.

Discover a range of free expert led online programs where you can connect, learn, grow, and be inspired.

Explore how we can support you.

I'm living with a chronic health condition (people under 65 or 50 for Aboriginal and Torres Strait Islander peoples)

Connect to a range of online health and wellbeing programs delivered by industry experts. Tap into workshops, events, or weekly sessions with resources and on-demand recordings so you never miss out.

I'm a parent or carer of a child with disability

Connect with networks of parents and carers supporting each other through shared lived experience, and free online events and workshops.

Sign up today and join the connect community!

moira.org.au/connect 03 8552 2222



MOIRA.org.ou



moira_org.au





You're not alone

We support and connect parents and carers of children between the ages of 0-18 with disability or developmental delay.

Our range of supportive groups and programs offer a safe space to share experiences, find information, tap into courses and forums, and hear from experts on a range of topics.

Connect to parents and carers

From coffee catch-ups to art groups, find social support and connection with other parents and carers.

Connect to online programs

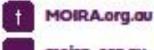
Online programs and events specially curated for parents and carers of children with disability. Learn from experts, be inspired, and take time out for you.

Join our community

The Connect Disability Carer Community Facebook group is a safe space for parents and carers to communicate online.

Sign up today and see what you discover!

moira.org.au/connect 03 8552 2222





moira_org.au





Registrations are now open for StepUP! 2023!

This year we're thrilled to invite you to celebrate the significant contributions people with Down syndrome make to our communities at StepUP! Melbourne!

Join us on Sunday 22 October 2023 for our annual fundraising walk around Princes Park, bringing together family, friends and DSV supporters.

There is an option to walk a 3km loop, or a shorter alternate version. Not to mention plenty of games, fun, food, a sports activation zone, face-painting, market stalls and more. Bring a picnic rug and enjoy a day filled with family friendly activities and entertainment.

It has been a while since we've been able to StepUP! in person and we can't wait to see you!

Can't make it to our in person event? No problem! You can still StepUP! for Down Syndrome Victoria by following the registration process and creating a fundraising page for your own #21YourWay challenge.

StepUP! #21YourWay is a national fundraising and awareness campaign, celebrating the significant contributions people with Down syndrome make to our communities.

StepUP! #21YourWay allows supporters to celebrate with and fundraise for their local state or territory Down syndrome association. All funds raised will support the Down Syndrome Federation to continue its work in supporting and empowering people with Down syndrome to have full access to social and economic inclusion.

Learn more and register at mycause.com.au/events/stepupvic2023.

Questions?

Please contact us at info@dsav.asn.au or phone 9486 9600.



It is important to keep your contact details up to date. Any changes to your contact details, or your emergency contacts, can be updated at the office or by sending a note



School Term Dates 2023 Term 1: 27th January—6th April Term 2: 24th April—23rd June Term 3: 10th July—15th September Term 4: 2nd October—20th December



For the safety of all our students, please close the front gate after yourself. If you prefer, there is a pedestrian gate immediately in front of the School Office.